

five artful activities



Hello!

As I spend more time than usual at home, I began thinking of how to create a project that can be done by creatives of various ages without too much preparation.

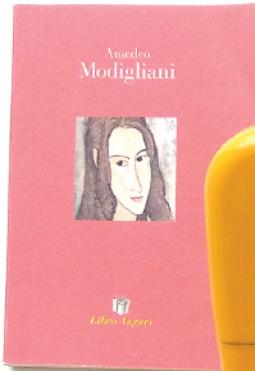
I looked for inspiration in different places, & then noticed that the things in my own room can be a starting point for an artwork.. I just needed to look a little more closely, a little differently..

I feel more inspired when following a prompt or having a starting point to guide my ideas. This is why I decided to start this project: sharing 5 fun prompts which can be done in any order & act as a starting point for art-making. Feel free to adapt & add follow-up activities like colouring in, collaging & writing.

I had a lot fun coming up with the first 5, & will share 5 new prompts every week.

Love,

Gaby



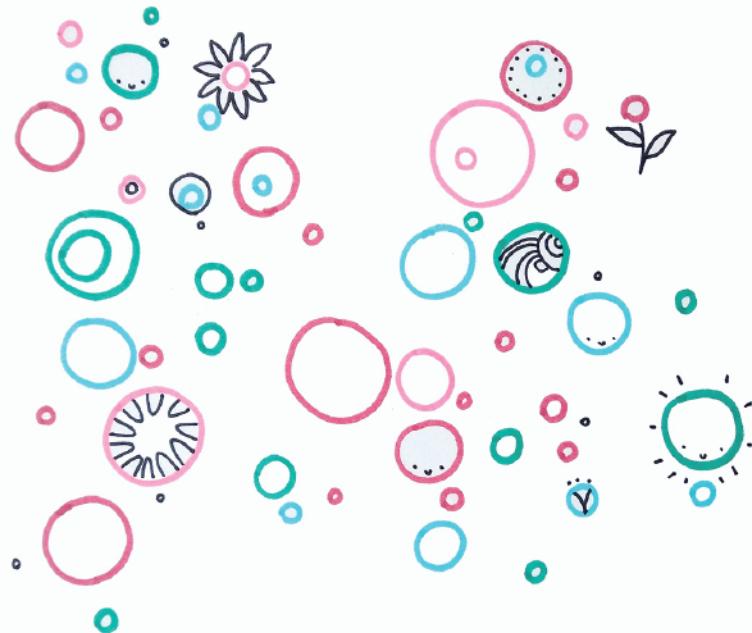
make a rainbow
out of things you have in your room
(take a photo & share it)

draw a pair of socks,
just like the ones
you are wearing





what is the weather like?
paint it using watercolours



fill a paper with colourful circles
add small circles to fill in the empty spaces





what colour
is your mood
today?
create a
drawing
using that
colour

A few tips to encourage creativity:

The idea behind the prompts is to encourage a few minutes of creativity a day. A favourite prompt can be repeated with a few changes.

Before getting the kids to start, set up a space with the materials for the activity. Nothing fancy is required, but changing things up (*like setting up only blue markers & crayons on one day or selecting certain pencil colours on another*) makes each experience different & exciting.

Little things make a big difference. The shape the paper is cut in has an effect on what can be drawn, so it would be interesting to prepare different shapes for different prompts (*a circle/an oval/ a very long rectangle/ two small squares etc.*)

Do not overthink: art-making is an organic process.
A mood drawing in pink might just end up being
transformed into dinosaur tea-party :)

Keep in mind that the process is more important than
the end result. So set up the paper & colours for the day,
& let the fun begin.

One last thing!

Share photos of the process & the artists at work using
the hashtag **#bluedotathome** & **#5artfulactivities**, tag us
or send the photos by email. I enjoy seeing what is being
created during these days :)

*P.S: The prompts are fun for adults too, so set aside 15
minutes, & get creating!*



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